

Kathleen Alphonso

CV

PRINCIPAL PROFESSIONAL SPECIALISMS

Advanced Physiotherapist – Neurology
HCPC CSP ACPIN

QUALIFICATIONS & ACCREDITATIONS

- BSc (Hons) 2:1 Physiotherapy – Kings College London, 2008-2011
- Certificate in Higher Education, Distinction, Foundation in Life sciences Birkbeck University of London, 2008

SPECIAL INTERESTS

- Highly Specialised Neurological assessments
- Functional assessments
- Advanced analysis and clinical reasoning
- Therapeutic Rehabilitation
- Strong and adaptable communication
- Patient Engagement and motivation

PAST & PRESENT POSITIONS

Advanced Physiotherapist – Neurology, NHS Foundation Trust, 2020
– Present

Providing a high quality, expert therapy service to a specialist caseload of complex adult patients, including those with complex neurological conditions, for example Multiple Sclerosis, Parkinson's disease, Motor Neuron Disease, Spinal injuries, Acquired and Traumatic Brain Injuries and other long term neurological conditions.

Managing a complex caseload using advanced clinical reasoning, critical thinking, reflection and analysis. Using advanced therapeutic assessment and diagnostic skills with diverse presentations and complex physical and psychological conditions to develop and deliver individualised treatment programmes.

Highly Specialised Neurological Physiotherapist, NHS Trust, 2013 - 2020

Physiotherapist, NHS Trust, 2011 - 2013

MEMBERSHIPS

- Health and Care Professionals Council (HCPC) - Physiotherapist Membership No - PH96822
- Chartered Society of Physiotherapy (CSP) Membership No - 088867
- Association of Chartered Physiotherapists in Neurology (ACPIN) Membership No – 10795

POST GRADUATE TRAINING

- LEEP Leadership Course – NHS, 2023
- Vestibular Rehabilitation, 2023
- NeuroFit: Functional Training and Rehabilitation, 2022
- Motor Neurone Disease end of life masterclass – MNNa, 2020
- Functional upper limb rehabilitation in patients with a neurological deficit – British Bobath Tutors Association, 2017
- BBTA Modules 2-3: Integration of postural control and movement for function – British Bobath Tutors Association 2016
- Managing behaviours that challenge in brain injured individuals - Royal Hospital for Neuro-disability, Putney
- Pusher Behaviour in Stroke - St Richards Hospital
- BBTA Module 1: Human movement analysis as a basis for clinical intervention – British Bobath Tutors Association
- Splinting in Spasticity using soft and scotch casting – St George's Hospital